

# FACIT-Fatigue Scale (Version 4)

Below is a list of statements that other people with your illness have said are important. By circling one (1) number per line, please indicate how true each statement has been for you during the past 7 days.

		Not at all	A little bit	Some- what	Quite a bit	Very much
HT7	I feel fatigued.....	0	1	2	3	4
HT 11	I feel weak all over .....	0	1	2	3	4
As1	I feel listless ("washed out") .....	0	1	2	3	4
As2	I feel tired.....	0	1	2	3	4
As3	I have trouble <u>starting</u> things because I am tired.....	0	1	2	3	4
As4	I have trouble <u>finishing</u> things because I am tired.....	0	1	2	3	4
As5	I have energy.....	0	1	2	3	4
As7	I am able to do my usual activities .....	0	1	2	3	4
As8	I need to sleep during the day .....	0	1	2	3	4
As 12	I am too tired to eat.....	0	1	2	3	4
As 14	I need help doing my usual activities .....	0	1	2	3	4
As 15	I am frustrated by being too tired to do the things I want to do .....	0	1	2	3	4
As 16	I have to limit my social activity because I am tired .....	0	1	2	3	4

FIG. 1

# **FACT-An/fatigue Scoring Guidelines (Version 4)**

- Instructions:
1. Record answers in "item response" column. If missing, mark with an X
  2. Perform reversals as indicated to obtain "item scores."
  3. Multiply the sum of the item scores by the number of items in the subscale, then divide by the number of items answered. This produces the subscale score
  4. Add subscale scores to derive total score.
  5. For guidelines on handling missing data, please refer to the scoring and administration procedures outlined in the FACT manual.

<u>Item #</u>	<u>Reverse?</u>	<u>Item response</u>	<u>Fatigue Item Score</u>	<u>Non-Fatigue Item</u>
HI7	4	-	_____	_____
HI12	4	-	_____	_____
An1	4	-	_____	_____
An2	4	-	_____	_____
An3	4	-	_____	_____
An4	4	-	_____	_____
An5	0	+	_____	_____
An6	4	-	_____	_____
An7	0	+	_____	_____
An8	4	-	_____	_____
An9	4	-	_____	_____
An10	4	-	_____	_____
B1	4	-	_____	_____
An11	4	-	_____	_____
An12	4	-	_____	_____
BL4	0	+	_____	_____
An13	0	+	_____	_____
An14	4	-	_____	_____
An15	4	-	_____	_____
An16	4	-	_____	_____

**SUM ITEM SCORES**                      Fatigue items (13) = [ ]      Non-fatigue items (7) = [ ]

**TOTAL FATIGUE SUBSCALE SCORE**  
(Sum of the 13 fatigue items [ ]) x (13) ÷ (number of items answered [ ]) ==> [ ]

**TOTAL NON-FATIGUE SUBSCALE SCORE**  
(Sum of the 7 non-fatigue items [ ]) x (7) ÷ (number of items answered [ ]) ==> [ ]

**TOTAL ANEMIA SUBSCALE SCORE**  
(Total Fatigue Subscale Score) + (Total Non-Fatigue Scale Score) ==> [ ]

**FACT-ANEMIA TOTAL SCORE** is the sum of the FACT-G and the anemia subscale ==> [ ]

**FACT-FATIGUE TOTAL SCORE** is the sum of the FACT-G and the fatigue subscale ==> [ ]

**FIG. 2**